

Chipo Shambare

Intuitive Counsellor, Keynote Speaker, Facilitator, Coach



keynote topics

“ **Chipo inspires with her genuine, charismatic attitude and energy while teaching her empowering principles of ‘self-healing of inner conflict’! Chipo masterfully intertwines her programs with your business or personal culture.** ”

Am I too tired to ... ?

Is tiredness, fatigue or your over-achieving efforts robbing you of your energy? Did you know that environmental toxicity is linked to over 60 degenerative illnesses? Medical studies reveal that toxins and chemicals store in your fat cells where they contribute to obesity, loss of energy, fatigue and numerous chronic degenerative diseases or illnesses. We often end our day feeling tired or fatigued sometimes guilty about what we haven't accomplished or what we wish we had added to our already full schedules. Sometimes we even wake up tired! Most of the time we don't take the time to examine how our body is crying out. This lively and humorous keynote from Chipo Shambare offers ways to recognize the multiple signs our body is showing us to tell us that it is full of clutter and needs to be cleared up! You will learn how to do an energy self-check so that you can analyze your symptoms and start taking the time to take care of yourself before your body burns out! You will leave this presentation with awareness, monitoring, and self-care tools to start your self-development success story.

An introduction to angel ‘guides’ and ‘guidance’

As a healer, Chipo Shambare discovered that there was help out there for her from ‘spirit guides’ if she would only ask for it and trust it. Spirit guides are our angels. Do you know your angels? Knowing your ‘invisible’ friends can change your life! If you believe in them, they are physical and non-physical helpers, who have chosen to aid others on the path to spiritual enlightenment, as we evolve to higher consciousness — our natural state of being. You are energy and you vibrate at a frequency. Spirit guides are higher frequency. In this enlightening keynote, you will learn: what these energies are doing, why they are important, why you should pay attention to them, and how you can apply this information in your every day life. This might be something that some people regard as ‘out there’. But, in Chipo’s experience, angels are not ‘out there’, they are right around you!

Be the healer and master of your ‘self’

This inspiring keynote will inspire you develop the willpower and courage to dig deep within to heal yourself! Healing is a process very close to Chipo Shambare’s heart. Born from parents whose blood grouping was incompatible, she was not expected to live. She was a shy and introvert child, who kept telling herself she was never good enough for anything ... and here she is today, alive, healthy and strong, telling her story to groups of hundreds of people. In this keynote presentation, participants will learn how to connect with what is really going on within themselves, and learn how to relax and enjoy the inner ride. Participants will also have the opportunity to enjoy sharing experiences with other participants and taking home healing tools that can be applied to their everyday life. They will gain insights that can change their life or the way they think about their challenging issues and leave the presentation with self-healing tools that can be used right away.

Phone:

+1 613 233 9422

Email:

chipo@chiposhambare.com

Web:

www.chiposhambare.com

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Coping strategies for living in the stressful information age

This timely keynote presentation by Chipo Shambare gives you practical strategies to assist you in balancing your multiple roles and expectations in today's technologically advanced world. You will learn how to feel positive about yourself, how to cope with external and internal change, building courage, taking risks, asking for what you require, becoming your own advocate, utilizing humour and maintaining good mental health.

Healing the bridge of your life

Open your heart, mind and emotions to heal your spirit and your soul! From that premise, Chipo Shambare, in this keynote presentation speaks about healing the bridge of your life, which is your heart. She will cover what is the 'healing bridge, why it is important, and how you can apply the one key point covered in your every day life. You will leave this presentation with techniques useful in finding your way home to your heart, which will also help you heal.

Identity

Do you know who you really are? In this keynote presentation, Chipo Shambare focuses on exploring and understanding issues relating to the formation of one's personality, (developed in early childhood) and the formation of one's psychological identity, such as the establishment of a reputation (developed later on in our life). Participants will get to examine the conflict that has come from the formation of their character and what happened to cause the change between early childhood to adulthood. Discovering and understanding one's own identity helps us to have more meaningful and successful relationships in our personal and business lives.

Intuition — the hidden intelligence

In this dynamic keynote, Chipo Shambare, will reveal what most people miss out from their inner guidance. During this intimate, interactive self-introspective presentation, Chipo will show you how to raise your consciousness or your vibrations, to transform how you feel about the messages you get from within ... those little voices you hear in your head — and no, you are not crazy! Chipo will help you shape and direct your creative energy in powerful new ways that allow you to manifest the guidance you seek and become all that you truly are and all you can be. After attending this presentation, you will start to trust your inner wisdom.

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Ladies get back into your skirts — the strength and power of a skirt!

Have you ever asked yourself why women are wearing pants and not skirts or dresses? Young women nowadays don't even own a dress. I know my daughter doesn't and when she was younger, if she wore a dress it was when she was under my dictatorship and I would pull rank on her to wear a dress. In this keynote presentation, Chipo Shambare will give you 10 reasons why a woman needs to go back into her skirt and claim her feminine power and strength. You will leave with food for thought, questions to ponder over and perhaps a new way of dressing powerfully feminine! After leaving this presentation, you will become aware and more curious about the type of energy you are bringing out into your personal and professional life.

Living in both worlds — knowing all the aspects of your ‘self’

Do you ever feel you live in a different world than those around you? Are you frustrated in your relationships with your spouse, your family, friends, co-workers? Have you ever wanted them to be more understanding, more efficient, more productive ... more in tune with you, but you did not know how to go about helping them to get there? In this keynote presentation, Chipo Shambare will help you understand a little bit more about the ‘seen’ and ‘unseen’ help that is everywhere, which anyone can tap into. Learn all about help called ‘free it’! You will leave understanding what people mean by living in multi-dimensional worlds!

Mental thought management for productivity

“Our thoughts are prayers and we are always praying.”

Unity School

If our thoughts are prayers, what kind of prayers are you using? Some research say that we only use 10% of our brain. Then what is the other 90% doing? How busy is 90 % of your mind? Are you mentally chatting away to yourself and what are you saying? In this keynote presentation, Chipo Shambare will talk about some of the things the other part of your brain is doing. You will learn skills to start to genuinely listen to your thoughts and do something to manage and integrate what is going on in your mind ... and you'll have lots of fun! After this presentation, you will begin to notice how they are talking themselves into things they say they don't want ... how their mantra is supporting them or not.

My inner Christmas in my inner Bethlehem

This keynote address was inspired by another article Chipo wrote about “ Being Inclusive around Christmas Holidays”. During this 45-minutes keynote, we will learn and explore together how you could make your Christmas different this year. You will learn 5 key questions to ask yourself about your Inner Bethlehem, which relate to Christmas.

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Open your heart, mind and emotions to heal and lead

We all know that leadership is a team effort. As a leader, are you leading from a free, open-heart mind frame and are you encouraging your teammates to follow you along the same path towards the same goals? When you come from an open heart, you have trust and confidence in yourself and your leadership style encourages your team members to take risks and embrace authenticity. In this keynote presentation, Chipo Shambare discusses the qualities of an open heart and mind and will offer strategies to increase congruency and courage towards a common goal and vision.

Taking charge of your inner conflict, blocks and shadow aspect

How many of you feel that there is conflict going on inside you; you are not too sure what's causing it, but you can tell something is not right. Something is causing you to feel uneasy, or even angry at the world! Where there is external conflict occurring, there is usually some inner conflict exasperating the problem, which can wreck havoc on a person's health, not to mention personal and business relationships. Through her story telling, guided imagery and wisdom, Chipo Shambare will guide you to unravel the blocks, and understand how your shadow aspect is trying to help you see where the light is. If you can understand the true areas of disagreement, this will help you solve any problem and manage the true needs of all parties involved. Chipo's intuition and negotiation skills will help you begin to heal yourself and your life!

Thriving on stress — the known cause of conflict

In this uplifting keynote, Chipo Shambare will show you how reviving stress can be! That's right! When a person is stressed 'emotions go high and intelligence goes down'. When stress occurs regularly and is not dealt with right away, it causes harm to your body, mind and spirit. What if you could take that pressure and use it to your benefit? Chipo Shambare's "10 basic strategies for thriving on stress" are powerful tools, which will extend your comfort zone and help you deal with every day or extraordinary stress, so that you can lead a happier and healthier life!

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